



MOYA Macedonian Orthodox Youth of Australia



Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen

Glory to You, O God, glory to You!

Heavenly King, O Comforter, the Spirit of truth, Who are everywhere present and fill all things, O Treasury of every good and fill all things, O Treasury of every good and Bestower of life: come and dwell in us and cleanse us from every impurity, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

All-holy Trinity, have mercy on us.

O Lord, cleanse us from our sins.

O Master, pardon our transgressions.

O Holy One, visit and heal our infirmities for Your Name's sake.

Lord have mercy! (3 times)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Our Father, Who are in Heaven, hallowed be your Name. Your Kingdom come. Your will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

TROPARIA OF REPENTANCE

Have mercy on us, O Lord, have mercy on us, for laying aside all excuse, we sinners offer to You, as our Master, this supplication: Have mercy on us!

Glory to the Father, and to the Son, and to the Holy Spirit.

O Lord, have mercy on us, for in You have we put our trust. Do not be angry with us, nor remember our iniquities, but look down on us even now, since You are compassionate and deliver us from our enemies; for You are our God and we are Your peopl; we are all the work of Your hands and we call upon Your Name.

Now and ever and to the ages of Ages. Amen.

O blessed Most Holy Mother of God, open the doors of compassion to us, whose hope is in you, that we may not perish but be delivered from adversity through You, who are the salvation of the Christian people.

Lord have mercy! (12 times)

FIRST PRAYER, BY ST. MACARIUS THE GREAT

O eternal King and God of all creation, who have granted me to reach this hour, forgive me the sins which I have committed during this day in thought, word or deed, and cleanse, O Lord, my humble soul from all stain of the flesh and spirit. Grant that I may sleep through this night on peace, O Lord, and arising from my humble bed, let. Me please Your All-holy name every day of my life and trample underfoot all the enemies, visible and invisible, which wage war against me. Deliver me, O Lord, from vain through which defile me and from all evil desires. For Yours is the Kingdom and the power and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and to the ages of ages. Amen.

FOURTH PRAYER

O Lord our God, forgive all my sins summated this day in thought, word or deed, for You are good and merciful. Grant me Your guardian angel to protect and keep me from all evil. For You are the Guardian of our souls and bodies and to You we give glory, to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages, Amen.

FIFTH PRAYER

O Lord our God, in whom we believe and whose name we call upon above every name; as we prepare for sleep, grant us rest for our soul and body, and keep us from all dreams and dark pleasures; calm the onslaught of the passions; quench the burning of lust and arise in the flesh. Grant that we may live in purity of thought and deed, that in obtaining a life of virtue, we may not call away from Your promised blessing, for You are blessed forever. Amen.

PRAYER OF ST. JOHN CHRYSOSTOM ACCORDING TO NUMBER OF HOURS AT DAY AND NIGHT

For the hours of the day:

- O Lord, deprive me not of Your heavenly blessings.
- 2) O Lord, deliver me form eternal torments.
- 3) O Lord, if I have sinned in mind, in thought, in word or in deed, forgive me.
- 4) O Lord, deliver me from all ignorance, negligence, cowardice and heedlessness.
- 5) O Lord, deliver me from all temptations.
- 6) O Lord, enlighten my heart which has been darkened by evil desires.
- O Lord, I, being a man, have sinned; being God, forgive me in Your compassion, for You know the weakness of my soul
- 8) O Lord, send Your grace to help me so that I may praise Your glorious Name.
- 9) O Lord, Jesus Christ, inscribe me, Your servant, in the Book of Life and cant me a blessed end.
- O Lord, though I have done nothing food in Your sight, grant that through Your grace I may now make a good beginning.
- 11) O Lord, shower upon mt heart the dew of Your grace.
- 12) O Lord of heaven and earth, remember me, Your sinful, shameful and unclean servant, in Your Kingdom. Amen

For the hours of the night:

- 1) O Lord, accept me in repentance.
- 2) O Lord, do not leave me.
- 3) O Lord, lead me not into temptation.
- 4) O Lord, grant me good thoughts.
- 5) O Lord, grant me tears of repentance, remembrance of death and contrition.
- 6) O Lord, grant me sincere confession of all my sins.
- 7) O Lord, grant me humility, chastity and obedience.
- 8) O Lord, grant me patience, generosity and meekness.
- 9) O Lord, implant in me the root of virtues and the fear of You in my heart.
- 10) O Lord, grant that I may love You with all my mind and soul and that I may do Your will in all things.
- 11) O Lord, protect me from evil men and demons, from passions and from all unlawful things.
- 12) O Lord, I know that You act according to Your will; may Your will also be in me, the sinner, for You are blessed to the ages of ages. Amen

PRAYER TO THE MOST HOLY MOTHER OF GOD

O exceedingly pure and blessed Holy Mother of God, Mary, good mother of the good King, pour out the mercy of your Son and our God upon my inflamed soul; guide me to good works by your prayers that I may pass the rest of my life without sin and obtain paradise through you, O Virgin Brith-giver of God, Who alone is pure and blessed. Amen.

A PRAYER TO ONE'S GUARDIAN ANGEL

O angel of Christ, my holy guardian and protector of my soul and body, forgive me for everything in which I have offended you this day, and deliver me from all the evil wiles of the enemy, that I may not anger my God by any sin. Pray for me, the sinful and unworthy servant, that I may be counted worthy of the mercy of the All-holy Trinity, of the Mother of my Lord Jesus Christ and of all the Saints. Amen.

KONTAKION AND PRAYERS TO THE MOST HOLY MOTHER OF GOD

O Victorious Leader of triumphant hosts, we your servants delivered from evil, sing our grateful thanks to you, O Most Holy Mother of God. As you possess invincible might, set us free from every calamity so that we may sing: Rejoice, O Bride unwedded!

O Ever-glorious Ever-virgin Mary, Mother of Christ our God, accept our prayers and offer them to your Son and our God that through you He may save our souls.

All my hope is in you, O Mother of God, keep me under your protection.

O Virgin Most Holy Mother of God, do not overlook me, the sinner, in need of your help and protection, but have mercy on me, for my soul has hope in you.

A PRAYER TO THE HOLY TRINITY BY ST. IOANNIKIOS

The Father is my hope, the Son is my refuge, the Holy Spirit is my protection! O Holy Trinity, glory to You!

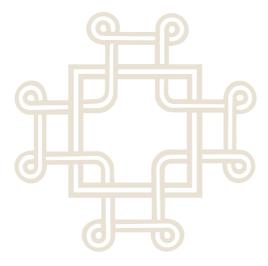
FINAL PRAYERS

It is truly right to bless you, O Birth-giver of God, ever-blessed and exceedingly pure, and the Mother of our God. More honourable than the Cherubim, and beyond compare more glorious that the Seraphim, without defilement you gave birth to God the Word: true Mother of God, we magnify you.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen

Lord have mercy! (3 times)

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